

If symptoms of Swine Flu appears

In relation to the Swine Flu (A/H1N1), as a general rule all Medical Inst. is provided to accept all the patients who have a symptoms of fever, cough, sore throat and others, please follow the doctors procedure and have a consultation.

- ① Call your family doctor or hospital and tell them the symptoms.
- ② The Medical Inst. will guide you for consultation and please follow them.
- ③ For consultation, please use mask so that other people will not be infected.

※ For those who don't have their family doctor or don't know where to consult, please Contact the Telephone No. written below.

| Consultation Day | Time of Consultation | Place of Consultation |
|-------------------|----------------------|---|
| Monday ~Friday | 9:00 am~5:30pm | Isesaki Health & Welfare Office TEL 0270-25-5066 FAX 0270-24-8842 |

Have a protection measure strongly !



Profection against the new flu in your house!

- 1. Eat well and have a good rest to get enough resistance.**
- 2. If you will go outside with crowded people bring mask and if is needed use it.**
- 3. Wash your hands and gargle after back from outside.**
- 4. Etiquette of coughing**
(Please cover your mouth when coughing or sneezing)
- 5. Don't go out when you have the symptoms of fever, cough, or etc.**
- 6. Don't go out when not necessary.**
- 7. Store food and daily necessities for at least 2 weeks in order not to go out frequently**

The city of Isesaki Health Care Center TEL23-6675